

The Family Advocacy Program to Host Virtual Lunch and Learn Series for Domestic Violence Awareness Month

Family Advocacy Specialist Rochelle Dickerson to facilitate a series of conversations covering the various perspectives of domestic violence

This month, the Coast Guard's Base National Capital Region Family Advocacy Program (FAP) is hosting a series of Lunch and Learn sessions to raise awareness of prevention during Domestic Violence Awareness Month.

The discussions will be held to provide insights from both parties involved in domestic abuse situations—victims and alleged abusers. The format will include a short video of a pre-recorded discussion of individuals sharing their personal stories. Then, a Coast Guard Family Advocacy Specialist, Rochelle Dickerson, will facilitate a conversation for the workforce about what was viewed.

The following sessions will be held at 12 pm EST on the following dates:

- October 10 - Men experiencing domestic violence
- October 22 - Violence from the perspective of male abusers
- October 29 - Stalking in relationships

Interested individuals can register [here](#).

“The purpose of the series is to bring more awareness to domestic violence in recognition of Domestic Violence Awareness Month,” said Dickerson. “My goal is to broaden the conversation. Domestic violence is a complex topic and I don't want it to be one size fits all but we need to address the unique situations of each victim,” she said. “We also work with all people involved, including abusers trying to change for the better.”

If you or someone you care about is affected by domestic violence, the Family Advocacy Program will help you create a plan that works for you. Your family advocacy specialist can assist you with safety planning, connect you to counseling services and emotional support, share information about reporting options, help you locate safe housing and shelter, as well as connect you to financial and legal services or whatever other resources you need.

For more information contact the FAP at the Health, Safety and Work-Life Regional Practice Office in your area, please call 202-475-5100. If you cannot reach the FAS and need assistance, please contact the manager in your area.